

Health and Safety

- Signed permission slip (collected before trip)
- Medication: labeled and given to First Aider
- Masks – enough for the duration of the trip

Basics

- Class A Uniform
- Scout handbook
- Foot locker w/ lock and spare key/combo
- Small day pack
- Water bottle w/ lanyard (at least 32oz)
- Small Flashlight with spare batteries
- Plastic bags for wet/dirty clothes

Sleeping Systems

- Sleeping bag (nylon preferred, 30° to 40°)
- Pajamas (two piece)
- Pillow case to be stuffed with extra clothes
- Warm hat (optional)

Toilet Kit

- Toothbrush, toothpaste
- Washcloth, small towel, soap
- Brush, comb, safety pins, hair ties
- Tissues, lip balm
- Non-aerosol bug repellent
- Sun block

Optional Items

- Tent
- Small games such as cards or marbles
- Pocket Knife
- 5' - 8' length of rope
- Paper, pencil, songbooks, skits, crafts
- Compass
- Small first aid kit
- Spending money (about \$25)

Clothing Essentials

- Rain gear: poncho or rain suit, boots,
- Hat – wide brim to cover ears and neck
- Jacket, sweater, or sweat shirt or windbreaker
- Bandannas (2)

Changes of Clothing

- Underwear
- Long pants, shorts (preferably not jeans)
- Shirts – one long sleeve
- Socks
- Spare closed toed/heeled shoes

Add for Cold Weather Events

- Thermal underwear (preferably not cotton)
- Warm hat (mandatory)
- Mittens or gloves

Swimming Gear

- Water shoes/old sneakers
- Towel
- Swim suit

For Adults

- Cell phone/camera/chargers
- Whistle
- Key, combination, or other access to campsite
- Matches or lighter
- Alarm clock or watch

DO NOT BRING THE FOLLOWING ITEMS

- X Scented soap/lotion/perfume
- X Gum, candy, or soda of any kind
- X Aerosol cans
- X Glass containers (except Rx)
- X One piece pajamas or nightgowns

Helpful Hints

- Dress in layers
- Pack with first-used items on top
- Shoes must be worn at all times
- Pack and keep clothes in plastic bags at all times
- No electronics! We are there to enjoy nature.